

Edmond & Central Oklahoma Resource Guide

Food Assistance/Meals:

Breakfast on Boulevard serves free hot breakfast and sack lunches Monday through Friday, 6:30 a.m. to 7:15 a.m. No reservations needed. First Christian Church – 201 E. 2nd St (2nd and Boulevard). Entry is off Boulevard in Edmond between First and Second streets. 341-3544.

Cooks Night Out provides a free dinner each Friday of the month from 5:00 to 6:30 p.m. No reservations needed. Meals may be eaten at the church or taken with you. Monthly schedule:

1st Friday – Holy Trinity Lutheran Church: 308 NW 164th St. 348-3292 2nd Friday – First Presbyterian Church: 1001 S. Rankin St. 341-3602 3rd Friday – First Methodist Church: 305 E. Hurd St. 341-0107
4th Friday – St. John's Catholic Church: 9th and Boulevard 340-0691

Edmond Mobile Meals provides hot, nourishing meals to elderly and disabled persons. Delivery service area: May Ave to Sooner Rd, Sorghum Mill to 122nd St. www.edmondmobilemeals.org or 341-3111.

Edmond Senior Center has activities for seniors (55+) and a meal Mon – Fri at 11:30 a.m. Reservations are required by 11:00 the day before the lunch. A donation of \$3 is suggested. Location: 2733 Marilyn Williams Dr. (Mitch Park, E. of Santa Fe off Covell). Register: 216-7900.

Food Stamps may be applied for through the Department of Human Services. 2409 N. Kelly, Oklahoma City. 522-5818.

HOPE Center of Edmond provides food, clothing, household items and financial assistance for rent, prescriptions and utilities. Zip code service area: **73003, 73007, 73012, 73013, 73025** and **73034**. Assistance is based upon need/income. Open Mon – Thurs 8:30-4, and Fri 8:30-noon. 1251 N. Broadway (Broadway and Danforth in Edmond). www.hopecenterofedmond.com or 348-1340.

Project 66 provides free food once per month to needy residents of Edmond, Arcadia and Jones. Open Monday 10-12, 6-8p.m. and Thursday 10-12, 6-8 p.m. 2612 S. Kelly Avenue in Edmond. Please bring a current utility bill for proof of residency and photo ID. www.project66.org or 341-1353.

Samaritan House helps those who need financial assistance with rent, utilities and prescriptions to those that live within our Parish area, most of Edmond, Arcadia. We also have a food pantry to help serve those who find themselves in need within our area. We are open Monday – Friday, 9:00 am – 12:00 pm at 42 E. 9th Street. 216-7554.

Time Out provides time off for caregivers and has programs for seniors, including games, snacks and entertainment each Wednesday 10-1 at St. John's Catholic Church. Lunch is provided (suggested donation \$3). Call 340-0691 x118 for more information.

UCO Central Pantry is available for UCO students and staff with a valid UCO ID. Located in the Nigh University Center, room 203. Open Monday – Friday, 9-4. 974-2621.

Utility Assistance:

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Samaritan House provides direct assistance to the homeless, hungry, jobless and other persons in need with a food pantry and other areas of outreach. Zip code service area: **73013, 73034, 73114, 73131** and **73151**. Open Monday – Friday 9-noon. Located adjacent to St. John's Catholic Church 9th and Littler, Edmond. 216-7554.

Shepherds of Love is a ministry for immediate emergency assistance with utility bills, and help finding food, shelter, clothing and medical care. www.shepherdsoflove.org or 348-5195.

St. Monica Catholic Church/St. Vincent de Paul Ministry is a ministry of charity offering person-to-person assistance to those who are needy and suffering. 2001 N. Western, Edmond. Zip code service area: **73003, 73012**. www.saintmonicaparish.com/st-vincent-de-paul Call/leave a message to receive assistance: 341-8128.

Clothing:

All Things Baby provides maternity clothes as well as clothing, diapers, beds and bedding for infants and children through size 8. Clients may visit two times per year. Open Tuesday 10-3 only. 405 W. Second St. (1 blk north of Edmond Rd, Walnut and 2nd). www.allthingsbabyok.com

EARC (Employment and Residential Centers) is a resale shop with reduced-price clothing and home furnishings. All proceeds go into our programs that serve Adults with Developmental Disabilities. Open Monday-Thursday 9-5, Friday-Saturday 9-7, 92 East 15th Street. Open Monday-Friday 9-5, 100 East Third. www.earcinc.org

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Hopefully Yours Thrift Store is a resale shop with reduced-price clothing and home furnishings. Open Tuesday – Saturday 10-5. 908 N. Broadway. www.hopecenterofedmond.com or 341-6849.

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UR Special provides new, one-of-a-kind outfits for need and at-risk children ages 3-9 years. Distribution dates are in the summer (back to school), winter and spring. Proof of current address and income is required for services. www.urspecialmond.org or 340-2799.

Rent/Housing Assistance:

HOPE Center of Edmond provides food, clothing, household items and financial assistance for rent, prescriptions and utilities. Zip code service area: **73003, 73007, 73012, 73013, 73025 and 73034**. Assistance is based upon need/income. Open Mon – Thurs 8:30-4, and Fri 8:30-noon. 1251 N. Broadway (Broadway and Danforth in Edmond). www.hopecenterofedmond.com or 348-1340.

Metro Fair Housing Council of OKC has trained staff who will investigate housing discrimination complaints with special emphasis on apartment complexes. Provides fair housing enforcement resources to alleged victims of housing discrimination and respond to complaints of unfair treatment from housing industry. www.metrofairhousing.org or 232-3247.

Oklahoma Housing Finance Agency (OHFA) provides assistance to help families pay rent or purchase their first home. OHFA offers Section 8 Housing Choice Vouchers to help those receiving Section 8 to help with mortgage payments. There is also a program to help very low- income, elderly and disabled to rent healthy, safe housing in the private market. www.ohfa.org or 848-1144.

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Turning Point Ministries is a non-profit ministry that assists in the housing needs of those in Edmond. Those wishing to qualify for a home must show reason to live in Edmond, fulfill home buyer education, budget planning and complete sweat equity hours. Applications available online: www.turningpointoklahoma.org or 206-6764.

UCO Commuter Student Services has housing information for students living off campus. www.ucooffcampus.com or 877-895-1234.

Furniture:

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Fostering Sweet Dreams a non profit that provides tangible needs such as beds, car seats, high chairs and strollers to Kinship foster-care placements along with unexpected traditional foster-care placements. www.fosteringsweetdreams.com or 697-4744

Hope Chest Ministries helps families start over by supplying home essentials such as furniture and household items. Referral program, applications are required for services. www.hopechestokc.org or 204-9108.

Hopefully Yours Thrift Store is a resale shop with reduced-price clothing and home furnishings. Open Tuesday – Saturday 10-5. 908 N. Broadway. www.hopecenterofedmond.com or 341-6849.

Health Clinics & Counseling:

Consumer Credit Counseling provides free credit counseling services to help people learn to manage money, balance budgets and get out of debt. www.cccsok.org or 789-2227 or email: information@cccsok.org

Crossings Community Clinic the Clinic services includes medical, dental, vision, and behavioral health care provided through the support of licensed professionals and other dedicated volunteers. The hours of service are determined by the availability of our volunteer healthcare professionals, but generally the clinic is open to patients Monday-Friday, 9-5. Other days and times are offered as providers are available. All patient visits are scheduled by appointment only. 10255 N. Pennsylvania Avenue, Oklahoma City. <https://crossings.church/clinic/> or (405) 749-0800.

Edmond Family Counseling provides quality professional counseling services for eligible adults, couples, families and children (ages 7-17) on a sliding scale basis. Patients are seen by appointment only, Monday – Thursday 9-8, Friday 9-noon. 1251 N. Broadway, Suite C. www.edmondfamilycounseling.org or 341-3554.

Equibalance Counseling is a nationally accredited facility providing therapeutic mental health services to improve quality of life. 929 NW 164th, Edmond. 285-2141.

Good Samaritan Health Clinic of Edmond continues the healing ministry of Jesus for those within the Edmond community without health insurance. Call answering service for

appointment: 513-4357. Patients are seen Saturday 9-noon at Mercy Clinic, Memorial. 1919 E. Memorial Rd (Eastern and Memorial Rd). www.goodsamaritanofedmond.com

Heartline 24-Hour Crisis Helpline is a 24/7 call center with certified call specialists to help Oklahomans in crisis. <http://heartlineoklahoma.org> or 273-TALK or 848-2273.

Hearts of Hope is a comprehensive behavioral health service provider. Services are provided through SoonerCare at no cost to the consumer or by private pay on a sliding scale. 400 S. Broadway, Suite 2. www.heartsophopellc.com or 318-6593.

HOPE Center WIC Clinic provides prenatal care to expectant mothers and nutritional assistance to newborns through age 5. Open Monday and Thursday 8:30-4, Tuesday 8:30-5 and Wednesday 8:30-3 (Closed Friday). 1251 N. Broadway (Broadway and Danforth in Edmond). www.hopecenterofedmond.com Call for appointment: 348-4680.

Ministries of Jesus (MOJ) serves people who have no medical insurance and are in need of medical care, counseling, social services, and/or recovery services. The free medical, dental, and vision clinic is by appointment only, Monday – Thursday 9-4 and Friday 9-noon., (MOJ is an outreach Ministry of Henderson Hills Baptist Church located at 1100 E. I-35 Frontage Rd). For more information please visit: www.moj.com or call 340-7400.

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Oklahoma Help Line provides information and referral to community services for those who need help and those who provide help. Rental assistance, food pantries, affordable housing, health resources, child care, after school programs, caregiver support, financial programs, literacy and job programs. www.211oklahoma.org or dial 211.

Addiction Resource provides free resources to help people better understand their addiction and motivate them to make the first step in seeking support. (<https://addictionresource.com/drug-rehab/oklahoma/>) or dial (888) 429-5845

Miscellaneous:

BeEdmond is a community outreach service connecting teens and young adults to support close to home. With resources to help teens be safe, be connected, be healthy, be smart and be helpful. www.beedmond.com

Coffee Creek Riding Center provides free therapeutic riding to children ages 3 to 12 with a wide range of disabilities. Riding at Coffee Creek offers mental, physical, emotional and social benefits. The center serves students in the greater Oklahoma City metro area and beyond. www.coffeecreek.org or 340-8377.

Edmond Library – is a free community resource for information and research assistance. It provides free public computers and internet access, free books, movies, music and digital resources for use in the building or to check out with a library card as well as free entertaining

and educational classes, workshops and events. 10 S. Boulevard. 9am – 9pm (Monday – Thursday), 9am – 6pm (Friday), 9am – 5pm (Saturday), 1pm – 6pm (Sunday). 341-9282.

Mobility Living provides residents with wheelchairs, medical supplies and equipment, lift chairs, vehicle lifts, scooters, handicap ramps and more. Accepts most insurance companies. Free delivery in OKC metro. www.mobilityliving.org or 672-7237.

OKC Animal Welfare Pet Food Bank will provide temporary help with pet food. A free spay/neuter clinic is also available. 316-3663 or email petfoodbank@okc.gov

OK Job Match provides a list of current openings and attempts to match job seekers with those hiring. Also provides links to unemployment and job fairs. www.okjobmatch.com

Oklahoma Tobacco Help Line is a free 24/7 service for all Oklahomans with a desire to stop smoking or using tobacco products. www.okhelpline.com or 1-800-QUIT-NOW.

Parents Helping Parents a local support group for parents who have children suffering from addiction. 3416 South Boulevard, (405) 642-8198. www.parentshelpingparents.info/Edmond.

Pet Food Pantry of OKC provides pet food and services to pets of low-income senior citizens, veterans, or homeless individuals. Also offers low-cost spay/neuter clinic and vaccinations. Applications required for services. www.petfoodpantryokc.org or 664-2858.

Prescription Discount Information provides discounts for prescriptions at many pharmacies when prescription is not covered by insurance. Cards may be obtained through Edmond Mobile Meals, the Edmond Senior Center or the City of Edmond. www.caremark.com or 877-321-2652.

Simply Hired allows searches for job opportunities across the United States on Simply Hired. Browse by job category, city, state, employer and more. www.simplyhired.com

TEEM helps to break cycles of incarceration and poverty in Oklahoma by providing individuals with education, social services, and job training and placement. www.teem.org or 235-5671.

Transportation:

Citylink provides free public transportation within Edmond or between Edmond and Oklahoma City on wheelchair and bicycle-friendly buses. www.citylinkedmond.com or 509-6370.

➤ **CAPS/Disability** is Citylink's curb-to-curb transportation. Available to doctor's appointments with a completed application and doctor's letter. Mon – Sat 8-5, within 3/4 mile of regular Citylink route. Call to arrange pick-up 509-6370.

Provide-A-Ride/RSVP provides free transportation to medical appointments for low-to-moderate income seniors in Oklahoma County. www.rsvpokc.org or 605-3110.

Other Central Oklahoma Assistance (Outside Edmond):

Bethel Foundation provides a food pantry and clothing closet Monday – Thursday 10-3. 13003 N. Western, Oklahoma City. www.bethelfoundationusa.com or 286-3700.

Central Oklahoma Community Action Agency helps low-income individuals in crisis situations with rides, prescription assistance, housing, utility assistance and senior programs in the following counties: Cleveland, Lincoln, Logan, Payne, Pottawatomie and Seminole. www.cocaa.org or 275-6060.

City Care OKC provides food and shelter for the homeless as well as supportive housing for low-income families and homeless individuals. Pershing Center Housing: 2400 General Pershing Blvd, Oklahoma City, 609-2400 or Day Shelter: 1729 NW 3rd St. Oklahoma City, 415-8500. www.citycareokc.org

City Rescue Mission provides shelter, food, and clothing to the homeless and near-homeless. 800 West California Ave, Oklahoma City. city@cityrescue.org or 232-2709

God's Food Bank provides emergency food resources to Logan county residents. 401 W. Vilas, Guthrie. Open 10-3:30 Wednesday and 12-5:30 Thursday. www.godsfoodbank.org or 260- 1412.

Hands of Jesus has a food pantry and will help with prescriptions. Logan county residents only. Open Monday 4-6 p.m. and Wednesday 2-4 p.m. 2403 W. Noble, Guthrie. 260-3440.

Holy Family Home transitional housing for women and women with children. 6821 Eddie Drive, Midwest City. 741-7419

Homeless Alliance (Westtown) provides a day shelter and resource center to homeless and near-homeless. The day shelter has a library, showers, commercial kitchen serving breakfast and lunch, 12 computer stations, barbershop/salon, & classroom space for AA & NA classes, devotionals, art classes and other educational opportunities. 1729 NW 3rd, Oklahoma City. 415-8410

Infant Crisis Services provides formula, food and diapers for infants and toddlers birth to age 4. Clothing and car seats (recommend \$10 donation) are also available. Services by appointment only. 4224 N. Lincoln Blvd. Oklahoma City. www.infantcrisis.org or 528-3663.

Latino Community Development Agency 420 SW 10th Street, Oklahoma City. 236-0701
Oklahoma Dept of Mental Health and Substance Abuse Services

www.ok.gov/odmhsas/ 522-3908 or 800-522-9054

Peaceful Family Solutions provides healing and prevention services for families. 7405 S. Douglas Avenue, Oklahoma City. Peacefulfamilysolutions.org or 601-2691

Salvation Army has 2 emergency shelters, 5 senior centers, a food pantry and food kitchen and also assists with utility payments (Oklahoma County residents). Location: 1001 N. Pennsylvania, Oklahoma City. For food services or to schedule an appointment for utility assistance: 246-1060. For required verification paperwork: www.salvationarmyokcac.org/fans

Sanctuary Women's Homeless Day Center offering homeless and low-income women resources, support, and advocacy 2133 SW 11th, Oklahoma City. 526-2321. Monday – Friday 8:30am to 4pm

Skyline Urban Ministry has a food pantry, eye clinic, clothing closet and a free lunch (weekdays, 55+ only). 500 SE 15th St. Oklahoma City. 632-2644.

The Spero Project helps meet needs through their food pantry and clothing center. Local families and individuals are welcomed once a month for food and clothing. Valid photo ID, proof of residency and social security cards for all in household are required for services. (Project of LifeChurch.tv) 906 NW 6th Street, Oklahoma City. www.thesperoproject.com or 312-6705.

➤ **Refugee Resources & Assistance** is offered through www.thecommonokc.com **Upward Transitions**

Urban Mission provides food, prescription help, furniture and household items to families in the OKC metro area. Food pantry hours: Monday – Thursday, 1-4. 3737 N. Portland, Oklahoma City. www.urbanmissionokc.org or 946-1556.

Valir Pace is geared at keeping low income seniors in their homes safely with a mission to prevent people from having to move to nursing homes prematurely due to lack of medical and social support. There is no cost to the participant, as we are funded through Medicare/Medicaid. 700 NW 7th Street, Oklahoma City. Valir.com or 609-3688

Veteran's Affairs Medical Center 921 NE 13th Street Oklahoma City. www.klahoma.va.gov or 456-5183.

Veterans Crisis Line provides confidential help for Veterans and families. 800-273-8255